

Timetable: U3A in London 6 - 10 July 2026

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MONDAY 6 JULY

Time	SUBJECT	COORDINATOR	Room
10.30-11.30	Opera Appreciation	Josi Steinfeld	Room 2.21 and on Zoom
10.30-12.40	Art Practical A: Collage and Mixed Media	Maxine Jason	1.29
10.30-12.40	Learn and Play Mah Jong. CLASS FULL	Gary Brown	1.33 & 1.30
10.30	LATIN: Intermediate	Peter Hayden	ZOOM ONLY
11.45-13.15	Bridge: Bidding and card play	Judy Dodds	1.24
11.45-12.45	Politics, current affairs and the economy	Paul Plant	ZOOM ONLY
11.50	French from Scratch CLASS FULL	Annie Danaee	2.21
12.50	Art Book Group monthly: <i>The Passion of Artemesia</i> by Susan Vreeland NO CLASS TODAY. Next class 13 July. New members welcome	Susan Van Noorden	1.26
12.50	The Gardening Club: Rock Gardens, Gravel Gardens CLASS TODAY	Andy Moss	1.29
12.50	Italian food: NO CLASS TODAY. Next CLASS 13 July	Franca Cerudi	1.30
12.50	French Intermediate CLASS FULL	Pauline Malpas, Liz Goodfellow	1.33
13.30-16.10	Bridge Advanced and duplicate CLASS FULL	David Powell	2.21
13.30-16.10	Malcolm Stern Play Reading Group	Colin Joseph	2.26
14.00-16.10	Film Class 1: CROSSING Running time: 106 minutes	Wally Howard	1.22
14.00-16.10	SCRABBLE discontinued. NO CLASS TODAY	Vivienne Nessim	1.24
14.00-15.30	Photography and Writing Workshop	Tony Hall	1.26
14.00	Art Appreciation A: Various Topics CLASS FULL	Shirley Levy	1.29
14.00-16.00	Yarn-based Craft Workshop	Carole Nolan	1.30
14.00	Italian: Absolute Beginners NO CLASS TODAY. Next CLASS 13 July	Franca Cerudi	1.33

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14.00	LATIN: Latin Beginners. NO CLASS TODAY. Class starts in September. Email for details	Peter Hayden	ZOOM ONLY
15.10	Italian: Beginners Step 2	Franca Cerudi	1.33

TUESDAY 7 JULY

Time	SUBJECT	COORDINATOR	Room
09.00	Hebrew: Intermediate	Jeff Freeman	ZOOM ONLY
9.30–11.30	GREEK: Intermediate Ancient Greek	Peter Hayden	ZOOM ONLY
10.00–11.30	Music: Recorder Group CLASS FULL	Pauline Malpas	1.29
10.00–12.00	Life Writing for Transformation CLASS FULL	Farrukh Aktar	ZOOM
10.15	Country dancing: Intermediate	Brenda Greenberg Gail Fitzgerald	2.21
10.30	Shakespeare Study Group. CLASS FULL	Jane Green	2.26
10.30–12.30	Bridge for Beginners A CLASS FULL	Norman Warren	1.24
10.30–12.30	Getting the Most from your ipad/iphone. Drop in Q&A. NO CLASS TODAY. Next CLASS 14 July	Rob Heaton	1.26
10.30–12.40	Mathematics: A-level Maths	Eugene Moshan	1.30
10.30	What makes a great photograph. CLASS FULL Fortnightly: CLASS TODAY	Richard Lansdown	1.33
10.30	Hebrew: Near beginner	Debbie Freeman	ZOOM ONLY
11.00–12.30	Mindful Meditation	Neorca Liu	ZOOM ONLY
11.40	Photography in Practice Fortnightly: CLASS TODAY	Jane Simpson	2.26
11.40	Italian: Intermediate conversation CLASS TODAY	Clementina Upton	1.22
11.40	Cercle Français	Michael Goodman	1.29
11.40–13.40	Design: Critical Theory Class CLASS FULL.	Valerie Wilson Trower	1.33
12.50	Beautiful belly dancing CLASS FULL.	Amara Procter	2.21
12.50–15.00	Classical Guitar CLASS FULL	Rose Andresier	2.26
12.50	Science: Drones	David Wolfe	1.22

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12.50	French: Beginners Plus	Ghislaine Freedman	1.24
12.50	German: Intermediate	James Gilmour	1.29
12.50	Improve and Polish your Writing	Nicola Manasseh	1.30
13.30-15.00	Writers' Workshop CLASS FULL for this term	Naomi Propper	ZOOM ONLY
14.00	Yoga. CLASS FULL	Darshna Parma	2.21
14.00	Politics and Current Affairs: Peace and Conflict: NO CLASS TODAY. Next CLASS in September	Mike Newman	1.22
14.00-16.00	Bridge for Improvers. NO CLASS TODAY. Next CLASS 14 July	Suri Rodericks	1.24
14.00-16.10	Reading Books from around the World. Fortnightly: NO CLASS TODAY. Next CLASS 14 July	Ann Sharifi	1.26
14.00-16.10	Art: Practical B Classical Drawing	David McGowan	1.29
14.00	Spanish Beginners Plus	Agustina Toscano	1.33
15.10	Chair Pilates and Balance CLASS FULL. CLASS TODAY	Gilli Vafidis	2.21 and ZOOM
15.10	Ukulele for you CLASS FULL	John Satchwell	2.26
15.10	Arabic Conversation: Absolute Beginners. CLASS TODAY	Mona Messiha	1.30
15.10	Italian from Scratch NO CLASS TODAY. Next CLASS September 22	Celestine Keise	1.33
15.10	Philosophy: Spinoza's Ethics study group.	Sam Rodin	ZOOM ONLY

WEDNESDAY 8 JULY

TIME	SUBJECT	COORDINATOR	Room
10.00-11.00	Bridge: Advanced	Tony Mavropoulos	ZOOM ONLY
10.30	Behind the Headlines	John Philo	2.21
10.30	Italian: Reading and conversation. NO CLASS TODAY. Classes resume next term	Ada Sofaer	Room 2.26
10.30	What's Poetic about Poetry	Constantine Baxter	1.22

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10.30-13.00	Mah Jong CLASS FULL	Patricia Laing and Bonnie Gold	1.24
10.30-12.40	Art Practical E	Jelena Jovanovic Steve Stephens	1.29
10.30	Spanish Absolute Beginners	Agustina Toscano	1.30
10.30-12.40	Chess Club fortnightly: NO CLASS TODAY. Next CLASS 15 July	David Castle and Robert Kruszyński	1.33
10.30	Japanese 2	Kaoru Godoy	ZOOM ONLY
11.00-12.15	French Literature: Advanced	Judith Steinberg	ZOOM ONLY
11.00	French Conversation CLASS FULL	Elana Gal Edd	ZOOM ONLY
11.30	Water Stress	Simon Moscisker	ZOOM ONLY
11.40	European History: Britain and Russia to 1908	Ken Baldry	2.21
11.40	Italian: Intermediate	Marcella Rao	2.26
11.40	Poetry Writing Group	Constantine Baxter	1.22
11.40	Greek: Modern conversation advanced	Rita Wolfisz	1.26
11.40	Chinese: Mandarin Level 1. NO CLASS TODAY. Next CLASS 16 September	Linda Trew	1.30
11.40	Japanese 3	Kaoru Godoy	ZOOM ONLY
12.50	Dutch Conversation CLASS FULL. Fortnightly NO CLASS TODAY. Next CLASS 15 July	Elisabeth Fantino	1.26
12.50	Italian: Post Beginners	James Gilmour	1.29
12.50	Chinese: Mandarin Level 2 NO CLASS TODAY. Next CLASS 16 September	Linda Trew	1.30
13.05-15.05	Bridge: Lower Intermediate CLASS FULL.	Naomi Stuart	1.24
14.00-16.00	Opera Appreciation monthly: NO CLASS TODAY. Next CLASS 23 September	Josi Steinfeld	2.21
14.00	Film Class 2: GREEN BORDER Running time 147 minutes	Wally Howard	1.22
14.00	London Miscellany: Fortnightly: NO CLASS TODAY. Next CLASS 15 July	Stephen Barry	1.29

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14.00	Transporting Londoners: Going by Boat? A history of river transport in London Fortnightly: CLASS TODAY	Andrew Moss	1.29
14.00-16.00	Write your life story	Sue Kwok	1.30
14.00	Der Deutsche Kreis CLASS SUSPENDED	Charles Fraser	1.33
14.00-15.30	Literature: Modern & Contemporary. NO CLASS TODAY. Next CLASS 15 July	Ines Newman	ZOOM ONLY
14.00-16.10	Literature: ULYSSES Fortnightly: CLASS TODAY	Maggie Fletcher	ZOOM ONLY
14.30-16.10	Exploring Experiences of the Third Age	Ruth Brook	2.26
15.00	Italian Improvers	Franca Cerudi	ZOOM ONLY
15.10	Cryptic Crosswords Club	Martin Andresier	1.33

THURSDAY 9 JULY

TIME	SUBJECT	COORDINATOR	Room
10.00-12.30	Art Practical C	Maureen Betts	1.29
10.30-12.40	DRAMA Group	Sylvi Edwards	2.21
10.30	Sharing Some Stories: fortnightly: CLASS TODAY	Moragh Gee	2.26
10.30	Medicine Today	Mary Rossiter Maureen Tilford	1.22 and ZOOM
10.30	Latin: Post Beginners	James Gilmour	1.33
10.30	Mathematics: A-Level Maths	Eugene Moshan	1.30
10.30	Chinese for beginners	Xiaoyan Huang	ZOOM ONLY
10.40	Poetry Please NEW MEMBERS WELCOME	Susan Van Noorden	ZOOM ONLY
10.45-12.40	Bridge: Supervised Free Play	Vincent Hamilton Shireen Gunasekera	1.24
11.40	Politics & Current Affairs A	Maureen Tilford	1.22
11.40	Using Excel CLASS FULL	Eugene Moshan	1.26
11.40-13.10	Writing creatively	Susan Woodford	1.30

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11.40	Art Appreciation C: Secular and Mythological Art. Artists in History Fortnightly: NO CLASS TODAY. Next CLASS 16 July	Yvonne Dove	1.33
12.50	Tai Chi	Ian Orkin	2.21
12.50	Chair Pilates and Balance CLASS FULL. NO CLASS TODAY. Next CLASS 16 July	Gilli Vafidis	1.29 and ZOOM
12.50	Spanish Lower Intermediate	Peggy Wylie	1.33
13.20-14.30	French: Conversation and contemporary literature. CLASS FULL	Annie Danaee	1.30
14.00	Thelma's Exercise class		2.21
14.00	Finding Myself: Beyond the false boundaries of personal identity.	Arnold Zuboff	2.26
14.00	MONEY, banks, pensions, investments	Anthony Sober	1.22
14.00-16.10	Bridge: Improve your game	Irene Fine	1.24
14.00	The Canterbury Tales	Shirley Levy	1.29
14.00	Theatre: A History	Irene Kyffin	1.33 and ZOOM
14.00	Italian Conversation	Franca Cerudi	ZOOM ONLY
15.10	Exercise: Basic Mat Pilates NO CLASS TODAY. Next CLASS 16 July	Gilli Vafidis	2.21
15.10	Second Year Spanish	Steve Ferns	1.33
15.15	French: Improvers. French translation, not conversation	Rosalind Penny, Les Bernhardt	ZOOM ONLY
16.30	Psychoanalysis: Only Connect - Myself and the Other	Mickey Yudkin, Les Bernhardt	ZOOM ONLY
17.00-17.40	Voice Matters: CLASS TODAY	Barbara Alden	ZOOM ONLY
18.30-21.00	Music: String chamber music workshop	Peter Hayden	Rooms in the Town Hall

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FRIDAY 10 JULY

TIME	SUBJECT	COORDINATOR	
9.30 – 10.00	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis	ZOOM ONLY
9.30 - 12.30	Intermediate/Advanced Ancient Greek	Peter Hayden	ZOOM only
10.00-11.00	Spanish Conversation CLASS FULL	Elisabeth Fantino	1.22
10.00-12.00	Art: Practical D	Brenda Greenberg	1.29
10.00-11.30	Executive Committee Meeting	Richard Arthur	1.33
10.30-12.00	Alexander Technique	David Glassman	2.21
10.30-12.30	Bridge for Improvers	Tony Mavropoulos	1.24
10.30-12.30	Write Your Memoirs A CLASS FULL	Maggie Wain	1.30 and ZOOM
10.30	Informal chat group	Jim Taylor	ZOOM ONLY
11.00	Cook INDIAHH!	Amrita Narain	ZOOM ONLY
11.45-12.45	Literature: Greek literature in English	Lesley Atkinson	1.26
12.15-13.15	Sociology II	Chiara Benfante	1.22
12.30-16.00	Social Bridge for all players	Eric Mentzer	1.29 & 1.30
13.15-14.30	Literature: Ancient History readings	Lesley Atkinson	1.26
13.30-15.30	Cinema: A journey into the World of Film Noir: Cutter's Way (1981)	Woody Haut	1.22
13.45-16.00	Real Bridge Duplicate online	Gill Jarvis, Julian Meteyard	online
16.30	Chat Group	Pauline Malpas	ZOOM ONLY