

Timetable: U3A in London 4 - 6 May 2026

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MONDAY 4 MAY: No Classes MAY BANK HOLIDAY

TUESDAY 5 MAY

Time	SUBJECT	COORDINATOR	Room
09.00	Hebrew: Intermediate	Jeff Freeman	ZOOM ONLY
9.30–11.30	GREEK: Beginners Ancient Greek 2	Peter Hayden	ZOOM ONLY
10.00-11.30	Music: Recorder Group CLASS FULL	Pauline Malpas	1.29
10.00-12.00	Life Writing for Transformation CLASS FULL	Farrukh Aktar	ZOOM
10.15	Country dancing: Intermediate	Brenda Greenberg Gail Fitzgerald	2.21
10.30	Shakespeare Study Group. CLASS FULL	Jane Green	2.26
10.30-12.30	Bridge for Beginners A CLASS FULL	Norman Warren	1.24
10.30-12.30	Getting the Most from your ipad/iphone. Drop in Q&A	Rob Heaton	1.26
10.30-12.40	Mathematics: A-level Maths	Eugene Moshan	1.30
10.30	What makes a great photograph. CLASS FULL Fortnightly: CLASS TODAY	Richard Lansdown	1.33
10.30	Hebrew: Near beginners	Debbie Freeman	ZOOM ONLY
11.00–12.30	Mindful Meditation	Neorca Liu	ZOOM ONLY
11.40	History of Europe: A History of the German Lands 11	Christopher Dean	ZOOM and on zoom in 2.21
11.40	Photography in Practice Fortnightly: CLASS FULL. CLASS TODAY	Jane Simpson	2.26
11.40	Italian: Intermediate conversation	Clementina Upton	1.22
11.40	Cercle Français	Michael Goodman	1.29
11.40-13.40	Design: Critical Theory Class CLASS FULL	Valerie Wilson Trower	1.33
12.50	Beautiful belly dancing CLASS FULL.	Amara Procter	2.21
12.50-15.00	Classical Guitar CLASS FULL	Rose Andresier	2.26

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12.50	Science: 20th century geniuses in science	David Wolfe	1.22
12.50	French: Beginners Plus	Ghislaine Freedman	1.24
12.50	German: Intermediate	James Gilmour	1.29
12.50	Improve and Polish your Writing	Nicola Manasseh	1.30
13.30-15.00	Writers' Workshop CLASS FULL for this term	Naomi Propper	ZOOM ONLY
14.00	Yoga	Darshna Parma	2.21
14.00	Politics and Current Affairs: Peace and Conflict: CLASS FULL	Mike Newman	1.22
14.00-16.00	Bridge for Improvers.	Suri Rodericks	1.24
14.00-16.10	Reading Books from around the World. Fortnightly: CLASS TODAY.	Ann Sharifi	1.26
14.00-16.10	Art: Practical B Classical Drawing	David McGowan	1.29
14.00	Spanish Beginners Plus CLASS TODAY.	Agustina Toscano	1.30
15.10	Chair Pilates and Balance CLASS FULL.	Gilli Vafidis	2.21 and ZOOM
15.10	Ukulele for you CLASS FULL	John Satchwell	2.26
15.10	Arabic Conversation fortnightly - Absolute Beginners CLASS TODAY	Mona Messiha	1.30
15.10	Italian from Scratch	Celestine Keise	1.33
15.10	Philosophy: Spinoza's Ethics study group.	Sam Rodin	ZOOM ONLY

WEDNESDAY 6 MAY

TIME	SUBJECT	COORDINATOR	Room
10.00-11.00	Bridge: Advanced	Tony Mavropoulos	ZOOM ONLY
10.30	Behind the Headlines	John Philo	2.21
10.30	Italian: Reading and conversation	Ada Sofaer	Room 2.26
10.30	What's Poetic about Poetry	Constantine Baxter	1.22
10.30-13.00	Mah Jong CLASS FULL	Patricia Laing and Bonnie Gold	1.24

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10.30-12.40	Art Practical E	Jelena Jovanovic Steve Stephens	1.29
10.30	Spanish Absolute Beginners	Agustina Toscano	1.30
10.30-12.40	Chess Club fortnightly: CLASS TODAY.	David Castle and Robert Kruszynski	1.33
10.30	Japanese 2	Kaoru Godoy	ZOOM ONLY
11.00-12.15	French Literature: Advanced	Judith Steinberg	ZOOM ONLY
11.00	French Conversation CLASS FULL	Elana Gal Edd	ZOOM ONLY
11.30	Water Stress	Simon Moscisker	ZOOM ONLY
11.40	European History: The Dreyfus Affair. A military scandal. The first great showdown between republican & reactionary forces in France	Ken Baldry	2.21
11.40	Italian: Intermediate	Marcella Rao	2.26
11.40	Poetry Writing Group	Constantine Baxter	1.22
11.40	Greek: Modern conversation advanced	Rita Wolfisz	1.26
11.40	Chinese: Mandarin Level 1	Linda Trew	1.30
11.40	Japanese 3	Kaoru Godoy	ZOOM ONLY
12.50	Dutch Conversation CLASS FULL. Fortnightly CLASS TODAY	Elisabeth Fantino	1.26
12.50	Italian: Post Beginners	James Gilmour	1.29
12.50	Chinese: Mandarin Level 2	Linda Trew	1.30
13.05-15.05	Bridge: Lower Intermediate CLASS FULL. NO CLASS TODAY	Naomi Stuart	1.24
14.00-16.00	Opera Appreciation monthly: NO CLASS TODAY. Next class 20 May	Josi Steinfeld	2.21
14.00	Film Class 2: 8 Women Running time: 111 minutes	Wally Howard	1.22
14.00	London Miscellany fortnightly: NO CLASS TODAY. Next class 20 May	Stephen Barry	1.29
14.00	Transporting Londoners: Fortnightly NO CLASS TODAY Next class 13 May	Andrew Moss	1.29
14.00-16.00	Write your life story	Sue Kwok	1.30
14.00	Der Deutsche Kreis.	Charles Fraser	1.33

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14.00-15.30	Literature: Modern & Contemporary. CLASS TODAY.	Ines Newman	ZOOM ONLY
14.00-16.10	Literature: ULYSSES Fortnightly: NO CLASS TODAY. Next class 13 May	Maggie Fletcher	ZOOM ONLY
14.30-16.10	Exploring Experiences of the Third Age	Ruth Brook	2.26
15.00	Italian Improvers	Franca Cerudi	ZOOM ONLY
15.10	Cryptic Crosswords Club	Martin Andresier	1.33

THURSDAY 7 MAY

TIME	SUBJECT	COORDINATOR	Room
10.00-12.30	Art Practical C	Maureen Betts	1.29
10.30-12.40	DRAMA Group	Sylvi Edwards	2.21
10.30	Sharing Some Stories: fortnightly: NO CLASS TODAY Next class 14 MAY	Moragh Gee	2.26
10.30	Medicine Today	Mary Rossiter Maureen Tilford	1.22 and ZOOM
10.30	Latin: Post Beginners	James Gilmour	1.33
10.30	Mathematics: A-Level Maths	Eugene Moshan	1.30
10.30	Chinese for beginners	Xiaoyan Huang	ZOOM ONLY
10.40	Poetry Please	Susan Van Noorden	ZOOM ONLY
10.45-12.40	Bridge: Supervised Free Play	Vincent Hamilton Shireen Gunasekera	1.24
11.40	Politics & Current Affairs A	Maureen Tilford	1.22
11.40	Using Excel CLASS FULL	Eugene Moshan	1.26
11.40-13.10	Writing creatively	Susan Woodford	1.30
11.40	Art Appreciation C: Secular and Mythological Art. Artists in History Fortnightly CLASS TODAY	Yvonne Dove	1.33
12.50	Tai Chi	Ian Orkin	2.21

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12.50	Chair Pilates and Balance CLASS FULL	Gilli Vafidis	1.29 and ZOOM
12.50	Spanish Lower Intermediate	Peggy Wylie	1.33
13.20-14.30	French: Conversation and contemporary literature CLASS FULL	Annie Danaee	1.30
14.00	Thelma's Exercise class		2.21
14.00	Finding Myself beyond the false boundaries of personal identity.	Arnold Zuboff	2.26
14.00	MONEY, banks, pensions, investments	Anthony Sober	1.22
14.00-16.10	Bridge: Improve your game	Irene Fine	1.24
14.00	The Canterbury Tales	Shirley Levy	1.29
14.00	Theatre: A History	Irene Kyffin	1.33 and ZOOM
14.00	Italian Conversation CLASS TODAY.	Franca Cerudi	ZOOM ONLY
15.10	Exercise: Basic Mat Pilates	Gilli Vafidis	2.21
15.10	Second Year Spanish CLASS TODAY.	Steve Ferns	1.33
15.15	French: Improvers. French translation, not conversation	Rosalind Penny Les Bernhardt	ZOOM ONLY
16.30	Psychoanalysis: Only Connect - Myself and the Other	Mickey Yudkin, Les Bernhardt	ZOOM ONLY
17.00-17.40	Voice Matters:	Barbara Alden	ZOOM ONLY
18.30	Wine Group: Burgundy vs Rest of World- Chardonnay and Pinot Noir. £15 pp	Martin Rayboulds	2.21
18.30-21.00	Music: String chamber music workshop	Peter Hayden	Rooms in the Town Hall

FRIDAY 8 MAY

TIME	SUBJECT	COORDINATOR	
9.30 – 10.00	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis	ZOOM ONLY
9.30 - 12.30	Greek: Beginners Ancient Greek 1	Peter Hayden	ZOOM only

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10.00-11.00	Spanish Conversation CLASS FULL	Elisabeth Fantino	1.22
10.00-12.00	Art: Practical D	Brenda Greenberg	1.29
10.30-12.00	Alexander Technique	David Glassman	2.21
10.30-12.30	Bridge for Improvers	Tony Mavropoulos	1.24
10.30-12.30	Write Your Memoirs A CLASS FULL	Maggie Wain	1.30 and ZOOM
10.30	Informal chat group	Jim Taylor	ZOOM ONLY
11.00	Cook INDIAHH!	Amrita Narain	ZOOM ONLY
11.45-12.45	Literature: Greek literature in English	Lesley Atkinson	1.26
12.15-13.15	Sociology II NO CLASS TODAY. Next class 22 May	Chiara Benfante	1.22
12.30-16.00	Social Bridge for all players	Eric Mentzer	1.29 and 1.30
13.15-14.30	Literature: Ancient History readings	Lesley Atkinson	1.26
13.30-15.30	Cinema: A journey into the World of Film Noir: Gun Crazy (1950)	Woody Haut	1.22
13.45-16.00	Real Bridge Duplicate online	Gill Jarvis, Julian Meteyard	online
16.30	Chat Group	Pauline Malpas	ZOOM ONLY