

Timetable: U3A in London 16-20 February 2026

MONDAY 16 FEBRUARY

Time	SUBJECT	COORDINATOR	Room
10.30-11.30	Monday Talk: How Artists Change Art History	Estelle Lovatt	Room 2.21 and on Zoom
10.30-12.40	Art Practical A: Collage and Mixed Media	Maxine Jason	1.29
10.30-12.40	Learn and Play Mah Jong	Gary Brown	1.33 & 1.30
10.30	LATIN: Beginners 1	Peter Hayden	ZOOM ONLY
11.45-13.15	Bridge: Bidding and card play	Judy Dodds	1.24
11.45-12.45	Politics, current affairs and the economy	Paul Plant	ZOOM ONLY
11.50	French from Scratch CLASS FULL	Annie Danaee	2.21
11.50-12.50	Managing Bereavement	Barbara Stevens	2.26
12.50	Art Book Group monthly: Mr Mac and Me by Esther Freud. New members welcome Next class 9 March	Susan Van Noorden	1.26
12.50	Replanting Eden NO CLASS TODAY. Next class 23 February	Andy Moss	1.29
12.50	Italian food: Domenico Veneziano and Venice's foods	Franca Cerudi	1.30
12.50	French Intermediate CLASS FULL	Pauline Malpas, Liz Goodfellow	1.33
13.30-16.10	Bridge Advanced and Duplicate CLASS FULL	David Powell	2.21
13.30-16.10	Malcolm Stern Play Reading Group	Colin Joseph	2.26
14.00-16.10	Film Class 1: Film: East of Eden	Wally Howard	1.22
14.00-16.10	Scrabble	Vivienne Nessim	1.24
14.00-15.30	Photography and Writing Workshop	Tony Hall	1.26
14.00	Art Appreciation A: Various Topics CLASS FULL	Shirley Levy	1.29
14.00-16.00	Yarn-based Craft Workshop	Carole Nolan	1.30

Timetable: U3A in London 16-20 February 2026

2

14.00	Italian: Absolute Beginners	Franca Cerudi	1.33
14.00	LATIN: Latin Beginners 2	Peter Hayden	ZOOM ONLY
15.10	Italian: Beginners	Franca Cerudi	1.33

TUESDAY 17 FEBRUARY

Time	SUBJECT	COORDINATOR	Room
09.00	Hebrew: Intermediate	Jeff Freeman	ZOOM ONLY
10.00-11.30	Music: Recorder group CLASS FULL	Pauline Malpas	1.29
10.00-12.30	Focusing with Farrukh: A body-based listening practice. NO NEW attendees please. CLASS TODAY	Farrukh Aktar	ZOOM
10.15	Country dancing: Intermediate	Brenda Greenberg Gail Fitzgerald	2.21
10.30	Shakespeare Study Group. CLASS FULL	Jane Green	2.26
10.30-12.30	Bridge for Beginners A CLASS FULL	Norman Warren	1.24
10.30-12.30	Getting the Most from your ipad/iphone Drop in Q&A	Rob Heaton	1.26
10.30-12.40	Mathematics: A-level Maths CLASS FULL	Eugene Moshan	1.30
10.30	What makes a great photograph. CLASS FULL Fortnightly: CLASS TODAY	Richard Lansdown	1.33
10.30	Hebrew: Near beginners	Debbie Freeman_	ZOOM ONLY
10.30-12.30	GREEK: Beginners Ancient Greek 2	Peter Hayden	ZOOM ONLY
11.00-12.30	Mindful Meditation	Neorca Liu	ZOOM ONLY
11.40	History of Europe: Germany, from the Reformation to Hitler 7	Christopher Dean	2.21 and on ZOOM
11.40	Photography in Practice Fortnightly: CLASS FULL. CLASS TODAY	Jane Simpson	2.26
11.40	Italian: Intermediate conversation	Clementina Upton	1.22
11.40	Cercle Français	Michael Goodman	1.29
11.40-13.40	Design: Critical Theory Class CLASS FULL	Valerie Wilson Trower	1.33
12.50	Beautiful belly dancing	Amara Procter	2.21

Timetable: U3A in London 16-20 February 2026

3

12.50-15.00	Classical Guitar CLASS FULL	Rose Andresier	2.26
12.50	Science: 20th century geniuses in science NO CLASS TODAY – back on 3 March	David Wolfe	1.22
12.50	French: Beginners Plus	Ghislaine Freedman	1.24
12.50	German: Intermediate	James Gilmour	1.29
12.50	Improve and Polish your Writing NO CLASS TODAY	Nicola Manasseh	1.30
13.00-13.50	Drop-in Help with your mobile phone and tablet	Ruth Freeman	1.26
13.30-15.00	Writers' Workshop	Naomi Propper	ZOOM ONLY
14.00	Yoga	Darshna Parma	2.21
14.00	Politics and Current Affairs: Peace and Conflict: CLASS FULL	Mike Newman	1.22
14.00-16.00	Bridge for Improvers	Suri Rodericks	1.24
14.00-16.10	Reading Books from around the World. Fortnightly: CLASS TODAY	Ann Sharifi	1.26
14.00-16.10	Art: Practical B Classical Drawing	David McGowan	1.29
14.00	Spanish Beginners Plus	Agustina Toscano	1.30
14.00	The Revolutionary French NO CLASS TODAY. Next class 24 February	Pamela Pilbeam	1.33
15.10	Chair Pilates and Balance CLASS FULL	Gilli Vafidis	2.21 and ZOOM
15.10	Ukulele for you CLASS FULL	John Satchwell	2.26
15.10	Italian from Scratch	Celestine Keise	1.22
15.10	Philosophy: Spinoza's Ethics study group	Sam Rodin	ZOOM ONLY

WEDNESDAY 18 FEBRUARY

TIME	SUBJECT	COORDINATOR	Room
10.00-11.00	Bridge: Advanced	Tony Mavropoulos	ZOOM ONLY
10.30	Behind the Headlines	John Philo	2.21
10.30	Italian: Reading and conversation	Ada Sofaer	Room 2.26

Timetable: U3A in London 16-20 February 2026

10.30	Poetry: Form and Function	Constantine Baxter	1.22
10.30-13.00	Mah Jong CLASS FULL	Patricia Laing and Bonnie Gold	1.24
10.30-12.40	Art Practical E	Steve Stephens	1.29
10.30	Spanish Absolute Beginners	Agustina Toscano	1.30
10.30-12.40	Chess Club fortnightly: CLASS TODAY	David Castle and Robert Kruszynski	1.33
10.30	Japanese 2	Kaoru Godoy	ZOOM ONLY
11.00-12.15	French Literature: Advanced	Judith Steinberg	ZOOM ONLY
11.00	French Conversation CLASS FULL	Elana Gal Edd	ZOOM ONLY
11.30	Water Stress	Simon Moscisker	ZOOM ONLY
11.40	European History: Pyotr Tchaikovsky, Ukraine's greatest composer	Ken Baldry	2.21
11.40	Italian: Intermediate	Marcella Rao	2.26
11.40	Poetry Workshop	Constantine Baxter	1.22
11.40	Greek: Modern conversation advanced	Rita Wolfisz	1.26
11.40	Chinese: Mandarin Level 1 (<i>Email Linda to know more</i>)	Linda Trew	1.30
11.40	Japanese 3	Kaoru Godoy	ZOOM ONLY
12.50	Art Appreciation B: The Spanish Golden Age	Jennifer Mills	2.21
12.50	Dutch Conversation CLASS FULL. Fortnightly. CLASS TODAY	Elisabeth Fantino	1.26
12.50	Italian: Post Beginners	James Gilmour	1.29
12.50	Chinese: Mandarin Level 2 (<i>Email Linda to know more</i>)	Linda Trew	1.30
12.50	Classical Music Appreciation Fortnightly NO CLASS TODAY. Next class 25 February	Stephen McGhee	1.33 and zoom
13.05-15.05	Bridge: Lower Intermediate CLASS FULL	Naomi Stuart	1.24
14.00-16.00	Opera Appreciation monthly: NO CLASS TODAY. Next class 11 March	Josi Steinfeld	2.21
14.00	Film Class 2: Film: <i>The Official Story</i>	Wally Howard	1.22

Timetable: U3A in London 16-20 February 2026

5

14.00-16.00	Editing Photographs	Jane Simpson	1.26
14.00	London Miscellany: Two Camden housing estates fortnightly: CLASS TODAY	Stephen Barry	1.29
14.00	London Extra Rivers, Roads Trains and Planes: Monthly. NO CLASS TODAY. Next class 11 March	Andrew Moss	1.29
14.00	Medicine in History Monthly: NO CLASS TODAY Next CLASS 25 March	Alan Silman	1.29
14.00-16.00	Write your life story	Sue Kwok	1.30
14.00	Der Deutsche Kreis. NO NEW JOINERS PLEASE	Charles Fraser	1.33
14.00-15.30	Literature: Modern & Contemporary. NO CLASS TODAY. Next class 25 February	Ines Newman	ZOOM ONLY
14.00-16.10	Literature: ULYSSES Fortnightly: CLASS TODAY.	Maggie Fletcher	ZOOM ONLY
14.30-16.10	Exploring Experiences of the Third Age	Ruth Brook	2.26
15.00	Italian Improvers	Franca Cerudi	ZOOM ONLY
15.10	Cryptic Crosswords Club	Martin Andresier	1.33

THURSDAY 19 FEBRUARY

TIME	SUBJECT	COORDINATOR	Room
10.00 12.30	Art Practical C	Maureen Betts	1.29
10.30 12.40	DRAMA Group	Sylvi Edwards	2.21
10.30	Sharing Some Stories: fortnightly: NO CLASS TODAY. Next class 26 February	Moragh Gee	2.26
10.30	Medicine Today	Mary Rossiter Maureen Tilford	1.22 and ZOOM
10.30 12.30	Bridge: Supervised Free Play	Vincent Hamilton Shireen Gunasekera	1.24
10.30	Latin: Post Beginners	James Gilmour	1.33
10.30	Mathematics: A-Level Maths CLASS FULL	Eugene Moshan	1.30
10.30	Chinese for beginners	Xiaoyan Huang	ZOOM ONLY

Timetable: U3A in London 16-20 February 2026

10.40	Poetry Please	Susan Van Noorden	ZOOM ONLY
11.40	Politics & Current Affairs A	Maureen Tilford	1.22
11.40	Using Excel CLASS FULL	Eugene Moshan	1.26
11.40 13.10	Writing creatively	Susan Woodford	1.30
11.40	Art Appreciation C: Secular and Mythological Art. Art Around the World: Fortnightly CLASS TODAY,	Yvonne Dove	1.33
12.50	Tai Chi	Ian Orkin	2.21
12.50	Chair Pilates and Balance CLASS FULL.	Gilli Vafidis	1.29 and ZOOM
12.50	Spanish Lower Intermediate	Peggy Wylie	1.33
13.20 14.30	French: Conversation and contemporary literature CLASS FULL	Annie Danaee	1.30
14.00	Thelma's Exercise class		2.21
14.00	Film Class 3 NO FILM TODAY	Wally Howard	1.22
14.00 16.10	Bridge: Improve your game	Irene Fine	1.24
14.00	The Canterbury Tales	Shirley Levy	1.29
14.00	Theatre: A History	Irene Kyffin	1.33 and ZOOM
14.00	Italian Conversation	Franca Cerudi	ZOOM ONLY
15.10	Exercise: Basic Mat Pilates	Gilli Vafidis	2.21
15.10	Second Year Spanish	Steve Ferns	1.33
15.15	French: Improvers. French translation, not conversation	Rosalind Penny_Les Bernhardt	ZOOM ONLY
16.30	Psychoanalysis: Feeling and Thinking	Mickey Yudkin, Les Bernhardt	ZOOM ONLY
17.00 - 17.40	Voice Matters:	Barbara Alden	ZOOM ONLY
18.30	Wine Tasting: SHERRY (£15pp)	Martin Rayboulds	2.21
18.30 - 21.00	Music: String chamber music workshop	Peter Hayden	Rooms in the Town Hall

Timetable: U3A in London 16-20 February 2026

7

FRIDAY 20 FEBRUARY

TIME	SUBJECT	COORDINATOR	
9.30 – 10.00	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis	ZOOM ONLY
9.30 - 12.30	Greek: Beginners Ancient Greek 1	Peter Hayden	ZOOM only
10.00-11.00	Spanish Conversation CLASS FULL	Elisabeth Fantino	1.22
10.00-12.00	Art: Practical D	Brenda Greenberg	1.29
10.30-12.00	Alexander Technique	David Glassman	2.21
10.30-12.30	Bridge for Improvers	Tony Mavropoulos	1.24
10.30-12.30	Write Your Memoirs A CLASS FULL	Maggie Wain	1.30 and ZOOM
10.30	Informal chat group	Jim Taylor	ZOOM ONLY
11.00	Cook INDIAHH!	Amrita Narain	ZOOM ONLY
11.45-12.45	Literature: Greek literature in English	Lesley Atkinson	1.26
12.15-13.15	Sociology	Chiara Benfante	1.22
12.30-16.00	Social Bridge for all players	Eric Mentzer	1.29 and 1.30
13.15-14.30	Literature: Ancient History readings	Lesley Atkinson	1.26
13.30-15.30	Cinema: A journey into the World of Film Noir: Le Corbeau (1955)	Woody Haut	1.22
13.45-16.00	Real Bridge Duplicate online	Gill Jarvis, Julian Meteyard	online
16.30	Chat Group	Pauline Malpas	ZOOM ONLY