

Timetable: U3A in London Week 28 February 2022

MONDAY 28 FEBRUARY

Time	SUBJECT	COORDINATOR	Room	LINK
10.30	MONDAY MORNING TALK: Musique Cordiale: 15 years of a festival in Provence	Speaker: Pippa Pawlik	ZOOM	Click here Meeting ID: 844 7856 7558 Passcode: 185612
10.30- 12.40	Advanced Bridge for Intermediate Players	Robert Clifton	ZOOM ONLY	Please email host for link robert.clifton123@googlemail.com
10.30 - 12.40	Russian: More Advanced	Sylva Rubashova	ZOOM ONLY	Please email host for link sylva.rubashova@googlemail.com
10.30- 12.40	Art Practical A	Maxine Jason	1.22	
11.40	Drama Group	Anthony Guter, Terry Soped	2.21	
12.00	Politics, current affairs and the economy	Paul Plant	ZOOM ONLY	Click here Meeting ID 810 2562 3464 Passcode 287448 Paulplant48@hotmail.co.uk
12.50	French Intermediate	Pauline Malpas, Liz Goodfellow	ZOOM ONLY	Please email host for link malpfam@btinternet.com
13.30 – 16.10	World play reading	Malcolm Stern	2.26	helmalstern@homecall.co.uk
13.45- 16.00	Bridge Advanced and Duplicate	David Powell	2.21	
14.00	Art Appreciation	Shirley Levy	1.33	shirleyglevy@googlemail.com
14.00	Spanish: Post beginners	Colette Lévy	1.26	
14.00	Cinema 1	Wally Howard	1.22	Film:
14.00	Latin: Beginners	Peter Hayden	ZOOM ONLY	Please email host for link peter.latin.u3a@gmail.com
14.00 - 16.10	Scrabble	Jenny Bartlett	1.24	
14.00 - 16.00	Yarn-based Craft Workshop	Carole Nolan	1.30	
15.10	Latin: Intermediate	Carol Bateman	1.26	
15.10	Greek: Classical post beginners	Felicity Taylor	1.33	
15.10	Italian: Beginners step 2	Franca Cerudi	ZOOM ONLY	Please email host for link clducrey@yahoo.com

TUESDAY 1st MARCH 2022

10.00- 11.30	Music: Recorder group	Ken Pullen	2.26	
10.30	Beautiful belly dancing	Amara Procter	1.22	
10.30	History: Jews of Europe	Tiki Martel	ZOOM ONLY	Please email host for link tikimartel@sky.com
10.30	Hebrew: Intermediate	Jeff Freeman	ZOOM ONLY	Please email host for link drjeffreymartel@aol.com
10.30	Country dancing: Intermediate	Rita Burr	2.21	

10.50	Write your life story	Roger Parrott & Hazelanne Lewis	ZOOM ONLY	Please email host for link rvparrott@me.com
11.00	Mindful Meditation	Neorca Liu	ZOOM ONLY	Click here Meeting ID: 878 4939 5544 Passcode: 171671 meditationnw3@gmail.com
11.30	Italian: Reading and conversation	Ada Sofaer	ZOOM ONLY	Please email host for link adasofaer@gmail.com
11.40	Photography Fortnightly	Geoffrey Stuart	2.26	Please email host for link geoffrey_stuart@yahoo.co.uk
11.40	Italian: Advanced conversation	Marvin Tompkinson	1.22	
11.40	Cercle Français NO CLASS till 8 MARCH	Michael Goodman	1.30 and ZOOM	
11.40	Arabic Post beginners	Sharon Theodore	1.26	
11.40	Art Appreciation: Portraiture in Italy and the North	Jennifer Mills	ZOOM ONLY	Click here Meeting ID: 868 7096 0986 Passcode: 230587
11.40	History of Europe	Christopher Dean	ZOOM	Click here Meeting ID: 825 9786 5597 Passcode: 842344
11.40	Your ipad and iphone	Elana Gal-Edd	ZOOM ONLY	Please email host for link egaledd@hotmail.com
11.40	Science: Energy & Climate Change Fortnightly	Alan Morton	ZOOM ONLY	Please email host for link alan.morton123@gmail.com
12.50	Arabic beginners	Sharon Theodore	1.26	
12.50	Chair pilates	Gilli Vafidis	ZOOM ONLY	Click here Meeting ID: 851 4991 1145 Passcode: 933011 gillivafidis@gmail.com
12.50	Exercise Embodied Anatomy	Pieta Ruck Keene	ZOOM ONLY	Click here Meeting ID: 847 2044 2949 Passcode: 029658
12.50	German: Intermediate	James Gilmour	1.22	
13.45	French: Advanced Conversation	Muriel Hirsch	ZOOM ONLY	Please email host for link muriel.hirsch@yahoo.co.uk
14.00-16.10	Bridge: Improvers	Judy Dodds	1.24	doddsj18@gmail.com
14.00	Science: From Alchemy to Chemistry Fortnightly: CLASS 8 MARCH	Amalia Michaels	1.33 and ZOOM	Click here Meeting ID: 827 4518 8125 Passcode: 698872 amaliamichaels@gmail.com
14.00	Theatre: An architectural history B	Irene Kyffin	ZOOM ONLY	Please email host for link irene_kyffin@hotmail.com
14.00	Spanish: Absolute beginners	Colette Lévy	1.26	
14.00	Taiji	Lorna Kerr	2.21	
14.00	Presenting Poetry Fortnightly: CLASS 8 MARCH	Morris Peckman	ZOOM ONLY	Please email host for link smpeckman@gmail.com
14.00	Writers' Workshop	Roger Parrot	ZOOM ONLY	Please email host for link rvparrott@me.com
14.00	Mindful Meditation	Neorca Liu	2.26	
14.00-16.10	Design History	Valerie Wilson Trower	1.22	

15.10	Philosophy: Spinoza's Ethics study group	Sam Rodin	ZOOM ONLY	Please email host for link rodin_s@yahoo.com
15.10	Art: Practical B	David McGowan	1.30	
15.10	Social Anthropology	Caroline White	ZOOM ONLY	Please email host for link caroline@re-connect.co.uk
15.10	Music: Ukulele for you	Jon Satchwell	2.26	
15.10	History: Making America Fortnightly: Class TODAY	Deidre Krymer	2.21	
16.30	Barbara's Voice Class	Barbara Alden	ZOOM ONLY	Click here Meeting ID: 937 3350 3814 Passcode: BJE9cq aldenb@freeuk.com
16.30	Chat Group	Pauline Malpas	ZOOM ONLY	Please email host for link malpfam@btinternet.com
17.20	Qi Gong	Barbara Alden	ZOOM ONLY	Click here Meeting ID: 956 3883 3745 Passcode: ugDdk6 aldenb@freeuk.com

WEDNESDAY 2 MARCH 2022

TIME	SUBJECT	COORDINATOR	Room	Link
10.00	Bridge: Advanced	Tony Mavropoulos	ZOOM ONLY	Please email host for link anlm1942@gmail.com
10.00-11.30	Italian: Advanced	Graziella Freedman	2.26	graziellafreedman@gmail.com
10.30	Hebrew Conversation Fortnightly?	Gila Wacholder	ZOOM ONLY	Please email host for link gilawacholder@gmail.com
10.30	Hebrew: Near beginners	Debbie Freeman	ZOOM ONLY	Please email host for link deborahfreeman1@aol.com
10.30	Politics and Current Affairs B	Jim Eardley	2.21	
10.30-12.40	Art Practical C	Steve Stephens	ZOOM ONLY	Please email host for link steve@stevathalton.plus.com
10.30	Japanese: Third year	Kaoru Godoy	ZOOM ONLY	Please email host for link kaoru@godoy.plus.com
11.00	Italian: Reading group	David Powell	ZOOM ONLY	Please email host for link powell385@btinternet.com
11.00	French Literature: advanced level	Judith Steinberg	ZOOM ONLY	Please email host for link 247judith@gmail.com
11.00	French Conversation	Michael Ellman	ZOOM ONLY	Please email host for link micellman07@gmail.com
11.40	Literature: Shakespeare Study Group	Linda Shannon	ZOOM ONLY	Please email host for link l.shannon082@btinternet.com
11.40	Spanish and Romance Philology Fortnightly CLASS 9 MARCH	Anthony Gooch	1.30	

11.40	Japanese: First year	Kaoru Godoy	ZOOM ONLY	Please email host for link kaoru@godoy.plus.com
11.40	History: European History	Ken Baldry	2.21	ken.baldry@blueyonder.co.uk
11.40	Italian: Post beginners	Graziella Freedman	2.26	
11.40	Mah Jong	Annette Hammond	1.24	
11.40	Greek: Modern conversation advanced	Rita Wolfisz	1.26	wolfiszr@gmail.com
12.50	Classical Music Appreciation. Fortnightly; Class 9 MARCH alternates with	Herbie Goldberg	1.33	herbie.g@hgtechnical.co.uk
12.50	Music: Das land ohne music Fortnightly CLASS TODAY	Stephen McGhee	1.33 and on ZOOM	Click here Meeting ID: 882 6950 4979 Passcode: 179593 mcgheestephen@hotmail.com
12.50	French Conversation: Upper-intermediate/advanced	Muriel Hirsch	ZOOM ONLY	Please email host for link muriel.hirsch@yahoo.co.uk
12.50	Bridge: Intermediate Supervised Play	Tony Mavropoulos	2.21	Please email host for link anlm1942@gmail.com
12.50	Italian Beginners	Graziella Freedman	2.26	
14.00-15.30	Literature: Modern & contemporary. Class TODAY Fortnightly: alternates with	Jim Edgar	ZOOM ONLY	Please email host for link jimedgar@outlook.com
14.00-16.10	Literature: - Proust Fortnightly: Class 9 MARCH	Maggie Fletcher	ZOOM ONLY	Please email host for link maggie.fletcher55@yahoo.co.uk
14.00-16.00	Bridge: Lower Intermediate	Naomi Stuart	1.24	Please email host for link naomi_stuart@yahoo.com
14.00	Art: Practical D Fortnightly	David McGowan	1.30	
14.00	Dutch Conversation Fortnightly: CLASS 9 MARCH	Elisabeth Fantino	ZOOM ONLY	Please email host for link ejfantino@aol.com
14.00	Japanese: Fourth year and above	Kaoru Godoy kaoru@godoy.plus.com	ZOOM ONLY	Please email host for link
14.00	Music: Historic opera singers on Shellac Fortnightly: CLASS 9 MARCH	Paul Lewis	1.33	
14.00-16.00	Cinema 3	Wally Howard	1.22	FILM:
14.30	Exploring Experiences of the Third Age	Ruth Brook	2.26	brooklauber@gmail.com
14.30	Spanish: Advanced Fortnightly CLASS 9 MARCH	Lucia Bird	ZOOM ONLY	Please email host for link luciacaster@gmail.com
15.10	Italian Improvers	Franca Cerudi	ZOOM ONLY	Please email host for link clducrey@yahoo.com
15.10	History: Jews of Spain and Portugal (Sephardim)	Tiki Martell	1.26	Please email host for link tikimartel@sky.com
15.10	Music: Singing for pleasure	Stanley Volk	2.21	
15.10	Cryptic Crosswords Club	Martin Andresier	1.33	
17.00	Exercise: 'SALSALATES'	Judith Michaels	ZOOM ONLY	Click here Meeting ID: 846 2727 6399 Passcode: 901546 mjude1@gmail.com

THURSDAY 3 MARCH 2022

TIME	SUBJECT	COORDINATOR	Room	
10.00-12.50	Art: Practical E	Maureen Betts	1.22	
10.15	Poetry Please: CLASS FULL: please join waiting list	Janet Baker	ZOOM ONLY	Please email host for link damejanet@sky.com
10.30	Computer Drop-in:	Elana Gal Edd	ZOOM ONLY	Please email host for link egaled@hotmai.com
10.30	Medicine Today	Mary Rossiter & Maureen Tilford	1.33 and on ZOOM	Please email host for link maryrossiter37@gmail.com
10.30	Laugh, Breathe and Relax	Muriel Hirsch	ZOOM ONLY	Please email host for link muriel.hirsch@yahoo.co.uk
10.30	Sharing some of our stories Fortnightly: Class TODAY	Moragh Gee	2.26	
10.30-12.40	Bridge Intermediate	Peter Nash	2.21	peternash32s@gmail.com
11.40	London Miscellany	Stephen Barry	1.33	
11.40-13.10	Writing creatively	Susan Woodford	2.26	
11.40	Bridge: Beginners	Ghislaine Freedman	1.24	ghislainefreedman@gmail.com
11.50	Politics & Current Affairs A	David Iwi, Susan Cohen & John Dodds	ZOOM ONLY	Please email host for link doddsj18@gmail.com
12.50	Tai Chi	Ian Orkin	2.21	
12.50	Eurythmy	Dawn Delbos	1.22	
12.50	Latin: Improvers	James Gilmour	1.26	
13.00	Hypnotherapy: Self-Hypnosis	Adeline Kam	1.33	
13.20-14.30	French: Conversation and contemporary literature	Colette Lévy	2.26	
14.00	Exercise class	Thelma Tennant	2.21	
14.00	Theatre: An Architectural History A	Irene Kyffin	ZOOM ONLY	Please email host for link irene_kyffin@hotmail.com
14.00	French: Almost beginners	Gilli Vafidis	ZOOM ONLY	Please email host for link gillivafidis@gmail.com
14.00	Literature: Chaucer	Shirley Levy	1.33	shirleyglevy@googlemail.com
14.00	Bridge: Improve your game	Irene Fine	1.24	
14.00	Get the most from your iPad and iPhone Class full. Please contact the host	John O'Sullivan Ruth Freeman	1.26	ruthinny@gmail.com
14.00	Italian Conversation	Franca Cerudi	ZOOM ONLY	Please email host for link cducrey@yahoo.com
14.00	Cinema 5	Wally Howard	1.22	Film:
15.10	French: Improvers	Evanna Morris	ZOOM ONLY	Please email host for link evanna.morris@hotmail.co.uk
15.10	French: Advanced	Thelma Tennant	1.33	
15.10	Italian: Absolute beginners	Franca Cerudi	ZOOM ONLY	Please email host for link cducrey@yahoo.com
15.10	Exercise: Basic Mat Pilates	Gilli Vafidis	ZOOM ONLY	Please email host for link gillivafidis@gmail.com

16.30	Psychoanalysis	Mickey Yudkin, John Dodds	ZOOM ONLY	Click here Meeting ID: 870 2602 7082 Passcode: 386238 mickeyyudkin@yahoo.co.uk
18.30-21.00	Music: String chamber music workshop	Peter Hayden	Various	peter.u3a.chamber.music@gmail.com

FRIDAY 4 MARCH 2022

TIME	SUBJECT	COORDINATOR		
9.30	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis	ZOOM ONLY	Click here Meeting ID: 851 4991 1145 Passcode: 933011 gillivafidis@gmail.com
10.00	Art: Practical F	Brenda Greenberg	1.22	b.greenberg@btinternet.com
10.30	Alexander Technique	David Glassman	2.21	
10.30	Informal chat group	Jim Taylor	ZOOM ONLY	Please email host to join jesfam@btinternet.com
10.15-12.00	Write Your Memoirs A	Maggie Wain	ZOOM ONLY	Please email host to join maggiewain@hotmail.co.uk
10.30	Bridge: Supervised practice and play	Shireen Gunasekera	1.24	shireengun@gmail.com
10.30	Chess club	David Castle	1.33	DMCastle1234@outlook.com
10.30-12.00	Literature: Greek literature in English	Lesley Atkinson	1.26	lesley.atkinson716@gmail.com
11.00	Cook INDIAHH NO CLASS THIS WEEK. Next class 1st April	Amrita Narain	ZOOM ONLY	amrita_narain@hotmail.co.uk
13.15-14.30	Literature: Ancient History readings	Lesley Atkinson	1.26	lesley.atkinson716@gmail.com
14.00	Real Bridge online	Alan Unerman	ZOOM ONLY	Please email host to join alanunerman@btinternet.com
15.30	Chat Group	Pauline Malpas	ZOOM ONLY	Please email host to join malpfam@btinternet.com

OTHER

SUBJECT	COORDINATOR	
Wednesday Discovery Walks. Fortnightly	Margaret Mitchell	If you would like to join the group, please email host for details margaretmitchell@yahoo.com
Shafeeq Siddiqui – Previous talks	Shafeeq Siddiqui	Archive shasidx@yahoo.com
Film recommendations	Wally Howard	http://vimeo.com/user/112061987/folder/5551893 filmclassesu3alondon@gmail.com
Miscarriages of Justice	Wally Howard	http://vimeo.com/user/112061987/folder/5551759 filmclassesu3alondon@gmail.com

History of European Opera	Howard Shelter	https://vimeo.com/channels/1713505/videos hd.shelter@yahoo.com
Opera films 1.Excerpts with talks 2.Only excerpts	Howard Shelter	1. http://vimeo.com/channels/1713549/videos 2. https://vimeo.com/channels/1736180/videos hd.shelter@yahoo.com
Unsung Classical Orchestral Composers	Howard Shelter	https://vimeo.com/channels/1713915/videos hd.shelter@yahoo.com
Opera: Rare Surprises 1.Excerpts with talks 2.Only excerpts	Howard Shelter	1. http://vimeo.com/channels/1718303/videos 2. https://vimeo.com/channels/1736253/videos hd.shelter@yahoo.com
Opera's Wonderland - Exploring the World of Opera	Howard Shelter	https://vimeopro.com/user134043118/operas-wonderland-exploring-the-world-of-opera hd.shelter@yahoo.com
Biography – The Personal Life and Times of Verdi (Talk and film – not music)	Howard Shelter	https://vimeo.com/channels/1746613/videos hd.shelter@yahoo.com