

Spring Timetable: U3A in London May 3 2021

MONDAY 3 MAY: MAY BANK HOLIDAY

| | SUBJECT | COORDINATOR |
|--------------|---|------------------|
| 9.30 | Wake-up chair Pilates (1/2 hour) **NO CLASS TODAY** | Gilli Vafidis |
| 10.30 | No MONDAY MORNING TALK today: | |
| 10.30 | Russian: More Advanced | Sylva Rubashova |
| 12.00 | Politics, current affairs and the economy | Paul Plant |
| 12.00 | Science: History of Astronomy **NO CLASS TODAY** | Amalia Michaels |
| 14.00 | Italian Reading Group **NO CLASS TODAY** | David Powell |
| 14.00 | Art/History: The Other Renaissance. Our friends in the North **NO CLASS TODAY** | Shirley Levy |
| 14.30 | Play Reading: fortnightly Next class 10 May | Malcolm Stern |
| 15.00 | Stories Behind the Headlines: **NO CLASS TODAY** To view previous talks, click Archive | Shafeeq Siddiqui |
| 15.00 | Italian: Beginners Step Two | Franca Cerudi |
| 1600 | Tips on Duplicate Bridge **NO CLASS TODAY** | Alan Unerman |

TUESDAY 4 MAY

| TIME | SUBJECT | COORDINATOR |
|-------|--|--|
| 10.00 | French Intermediate | Pauline Malpas & Liz Goodfellow (A) Gilli Vafidis (B) |
| 10.00 | Photography | Geoffrey Stuart |
| 10.30 | Hebrew | Jeff Freeman |
| 10.30 | Supervised Bridge | Robert Clifton |
| 10.30 | History of Europe | Christopher Dean |
| 11.00 | Healthy Happy Spine For previous classes - Click Archives | Pieta Ruck Keene |
| 11.30 | Meditation | Neorca Liu |
| | Written English | Ivan Rappaport |

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| 11.30 | French Intermediate (repeat of 10am class) | Gilli Vafidis |
| 11.30 | Italian Reading and Conversation | Ada Sofaer |
| 11.30 | | |
| 12.00 | Energy & Climate Change Fortnightly Next class 11 May | Alan Morton |
| 12.30 | Cercle français | Michael Goodman |
| 12.30 | Intermediate Bridge A | Peter Nash |
| 13.30 | Bridge: Improvers | Judy Dodds |
| 14.00 | Presenting Poetry Fortnightly Next class 11 May | Morris Peckman |
| 14.00 | Writers' Workshop | Roger Parrot |
| 14.00 | Intermediate Bridge B (repeat of 12.30 class) | Peter Nash |
| 14.00 | Gnosticism | George Wood |
| 15.00 | Philosophy: Spinoza's Ethics | Sam Rodin |
| 15.30 | French: Absolute Beginners | Gilli Vafidis |
| 16.00 | Christians, Muslims and Jews in Medieval Spain: Cooperation and Conflict | Michael Schraer |
| 16.30 | Barbara's Voice Class | Barbara Alden |

WEDNESDAY 5 MAY

| TIME | SUBJECT | COORDINATOR |
|-------|--------------------------------------|--------------------|
| 9.30 | Wake-up Chair Pilates (1/2 hour) | Gilli Vafidis |
| 10.00 | Bridge: Intermediate Supervised Play | Tony Mavropoulos |
| 10.00 | Hebrew Conversation | Gila Wacholder |
| 10.30 | Hebrew | Debbie Freeman |
| 10.30 | Advanced Italian | Graziella Freedman |
| 10.30 | Art Practical C | Steve Stephens |
| 10.30 | Politics & Current Affairs | Jim Eardley |
| 10.30 | Japanese: 2nd year | Kaoru Godoy |

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| 11.00 | French Conversation | Michael Ellman |
| 11.00 | Advanced Spanish fortnightly **CLASS TODAY** | Lucia Bird |
| 11.30 | Literature: Shakespeare Study Group | Linda Shannon |
| 11.40 | Japanese: Reading Group | Kaoru Godoy |
| 12.00 | Greek: Advanced Conversation | Rita Wolfitz |
| 12.00 | Italian Year 3 | Graziella Freedman |
| 12.30 | Classical Music Appreciation. Weekly alternating Stephen McGhee with Herbie Goldberg | Herbie Goldberg (5 May) Stephen McGhee (12 May) |
| 13.00 | Japanese: First Year | Kaoru Godoy |
| 13.30 | Literature: Modern & Contemporary Fortnightly next class 12 May | Jim Edgar |
| 13.30 | Literature: - Proust Fortnightly **CLASS TODAY** | Maggie Fletcher |
| 14.00 | Bridge: Lower Intermediate | Naomi Stuart |
| 14.00 | Dutch Conversation Fortnightly **CLASS TODAY** | Elisabeth Fantino |
| 14.30 | Exploring Experiences of the Third Age | Ruth Brook |
| 15.00 | Italian Improvers | Franca Cerudi |
| 15.00 | The History of the Jews in Spain and Portugal | Tiki Martel |
| 16.45 | Exercise: 'SALSALATES' | Judith Michaels |

THURSDAY 6 MAY

| TIME | SUBJECT | COORDINATOR |
|-------|---|-------------------------------|
| 10.30 | Computer Drop-in | Elana Gal Edd |
| 10.30 | Medicine Today | Mary Rossiter & Leo Bernstein |
| 10.30 | Laugh, Breathe and Relax | Muriel Hirsch |
| 11.00 | French: Almost Beginners **NO CLASS TODAY** | Gilli Vafidis |
| 11.00 | Write Your Life Story | Roger Parrott |

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| 11.00 | Bridge: Intermediate | David Powell |
| 11.50 | Politics & Current Affairs | David Iwi & Susan Cohen |
| 12.00 | Singing Workshop for all levels. Fun warm-up, Sing-Along with the music of Matt Monroe, Sinatra, Tony Bennet and Bing Crosby | Stanley Volk |
| 14.00 | Italian Conversation | Franca Cerudi |
| 14.00 | Theatre: An Architectural History | Irene Kyffin |
| 14.00 | Literature: Chaucer | Shirley Levy |
| | Beginners' Bridge | Ghislaine Freeman |
| 14.00 | Get the most from your iPad and iPhone **CLASS FULL** Waiting list in operation | Ruth Freeman |
| 14.00 | Italian Conversation | Franca Cerudi |
| 14.00 | | |
| 15.00 | Philosophy: The Life, Thought and Legacy of Spinoza | Sam Rodin |
| 15.15 | Post-beginners French | Evanna Morris |
| 15.30 | Absolute Beginners Italian (Zoom) | Franca Cerudi |
| 15.30 | Basic Mat Pilates | Gilli Vafidis |
| 15.30 | Design History | Valerie Wilson Trower |
| 16.30 | Life Issues through the lens of Psychoanalytic Theory **CLASS STARTS TODAY** | Mickey Yudkin John Dodds |

FRIDAY 7MAY

| TIME | SUBJECT | COORDINATOR |
|-------|----------------------------------|--------------------|
| 9.30 | Wake-up Chair Pilates (1/2 hour) | Gilli Vafidis |
| 10.30 | Write Your Memoirs A | Maggie Wain |
| 10.30 | Bridge (on Bridge Base on line) | Shireen Gunasekera |

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| 10.30 | Learn Chess | David Castle |
| 10.30 | Chat Group | Kate Bailey |
| 11.00 | Cook INDIAHH | Amrita Narain |
| 11.45 | Social Anthropology | Caroline White |
| 14.00 | Chat Group | Pauline Malpas |
| 14.00 | Real Bridge: Duplicate Bridge | Alan Unerman |
| 14.30 | French Conversation – Upper Intermediate level | Muriel Hirsch |

OTHER

| SUBJECT | MEDIUM | COORDINATOR |
|---|---|-------------------|
| Short Walks Group: usually on Wednesdays* Where possible visiting places of interest with free entry, coffee stop, lunch at the end if wanted. *this will change if bad weather predicted | Short Walks fortnightly to almost anywhere in Greater London, and occasionally beyond | Margaret Mitchell |
| Visual Opera Experiences with Recorded Talks | Opera film excerpts uploaded to Vimeo. Private URL link provided weekly. Recorded Talks plus text of talks by emails. | Howard Shelter |
| Visual Opera Experiences RECAP | An entire list of private links to 400+ opera film excerpts from my 47+ previous weekly uploads on YouTube and Vimeo is available on request. | Howard Shelter |
| The History of European Opera in 12 Countries over 4 Centuries | Recorded talk and opera excerpts with links to Vimeo fortnightly | Howard Shelter |
| My composition of an orchestral suite of music in three movements, fully orchestrated by me | Youtube | Howard Shelter |
| My composition of a "novelty music medley" fully orchestrated by me | Vimeo | Howard Shelter |
| Greek Literature in English | Phone, email (in person when allowed) | Lesley Atkinson |

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| Collage: a medium to create striking images using basic materials | email | Maxine Jason |
| The Panama Affair: A Cause Celebre Part 2 | Vimeo | Wally Howard |
| Reflections on Zambia | Vimeo | Wally Howard |