

## Timetable: U3A in London – May 10 2021

### MONDAY 10 MAY

	SUBJECT	COORDINATOR
9.30	Wake-up chair Pilates (1/2 hour)	Gilli Vafidis
<b>10.30</b>	<b>MONDAY MORNING TALK today: Keeping safe from fraud &amp; scams</b>	<b>Mark Mullally, Sally Schofield</b>
10.30	Russian: More Advanced	Sylva Rubashova
12.00	Politics, current affairs and the economy	Paul Plant
12.00	Science: History of Astronomy	Amalia Michaels
14.00	Italian Reading Group	David Powell
14.00	Art/History: The Other Renaissance. Our friends in the North	Shirley Levy
14.30	Play Reading: fortnightly <b>**CLASS TODAY**</b>	Malcolm Stern
15.00	Stories Behind the Headlines: 'Afghanistan at the Cross Road' To view previous talks, click <a href="#">Archive</a>	Shafeeq Siddiqui
15.00	Italian: Beginners Step Two	Franca Cerudi
1600	Tips on Duplicate Bridge	Alan Unerman

### TUESDAY 11 MAY

TIME	SUBJECT	COORDINATOR
10.00	French Intermediate	Pauline Malpas & Liz Goodfellow (B) Gilli Vafidis (A)
10.00	Photography	Geoffrey Stuart
10.30	Hebrew	Jeff Freeman
10.30	Supervised Bridge	Robert Clifton
10.30	History of Europe	Christopher Dean
11.00	Healthy Happy Spine For previous classes - Click <a href="#">Archives</a>	Pieta Ruck Keene
11.30	Meditation	Neorca Liu
11.30	Written English	Ivan Rappaport

11.30	French Intermediate (repeat of 10am class)	Gilli Vafidis
11.30	Italian Reading and Conversation	Ada Sofaer
12.00	Energy & Climate Change Fortnightly <b>**CLASS TODAY**</b>	Alan Morton
12.30	Cercle français	Michael Goodman
12.30	Intermediate Bridge A	Peter Nash
13.00	Gnosticism/Philosophy Discussion Walking Group <b>**NEW CLASS**</b>	George Wood
13.30	Bridge: Improvers	Judy Dodds
14.00	Presenting Poetry Fortnightly <b>**CLASS TODAY**</b>	Morris Peckman
14.00	Writers' Workshop	Roger Parrot
14.00	Intermediate Bridge B (repeat of 12.30 class)	Peter Nash
15.00	Philosophy: Spinoza's Ethics	Sam Rodin
15.30	French: Absolute Beginners	Gilli Vafidis
16.00	Christians, Muslims and Jews in Medieval Spain: Cooperation and Conflict	Michael Schraer
16.30	Barbara's Voice Class <b>**NO CLASS TODAY**</b>	Barbara Alden

### WEDNESDAY 12 MAY

TIME	SUBJECT	COORDINATOR
9.30	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis
10.00	Bridge: Intermediate Supervised Play	Tony Mavropoulos
10.00	Hebrew Conversation	Gila Wacholder
10.30	Hebrew	Debbie Freeman
10.30	Advanced Italian	Graziella Freedman
10.30	Art Practical C	Steve Stephens
10.30	Politics & Current Affairs	Jim Eardley
10.30	Japanese: 2nd year	Kaoru Godoy
11.00	French Conversation	Michael Ellman

11.00	Advanced Spanish fortnightly Next class 19 MAY	Lucia Bird
11.30	Literature: Shakespeare Study Group	Linda Shannon
11.40	Japanese: Reading Group	Kaoru Godoy
12.00	Greek: Advanced Conversation	Rita Wolfitz
12.00	Italian Year 3	Graziella Freedman
12.30	Classical Music Appreciation. Weekly alternating Stephen McGhee with Herbie Goldberg	Stephen McGhee (12 May) Herbie Goldberg (19 May)
13.00	Japanese: First Year	Kaoru Godoy
13.30	Literature: Modern & Contemporary Fortnightly <b>**CLASS TODAY**</b>	Jim Edgar
13.30	Literature: - Proust Fortnightly next class 19 May	Maggie Fletcher
14.00	Bridge: Lower Intermediate	Naomi Stuart
14.00	Dutch Conversation Fortnightly next class 19 May	Elisabeth Fantino
14.30	Exploring Experiences of the Third Age	Ruth Brook
15.00	Italian Improvers	Franca Cerudi
15.00	The History of the Jews in Spain and Portugal	Tiki Martel
16.45	Exercise: 'SALSALATES'	Judith Michaels

#### THURSDAY 13 MAY

TIME	SUBJECT	COORDINATOR
10.30	Computer Drop-in	Elana Gal Edd
10.30	Medicine Today	Mary Rossiter & Maureen Tilford
10.30	Laugh, Breathe and Relax	Muriel Hirsch
11.00	French: Almost Beginners <b>**NO CLASS TODAY**</b>	Gilli Vafidis
11.00	Write Your Life Story	Roger Parrott
11.00	Bridge: Intermediate	David Powell

11.50	Politics & Current Affairs	David Iwi & Susan Cohen
12.00	Singing Workshop for all levels. Fun warm-up, Sing-Along to the music of Matt Monroe, Sinatra, Tony Bennet and Bing Crosby. Come along to sing or just to listen. We are now interactive	Stanley Volk
14.00	Italian Conversation	Franca Cerudi
14.00	Theatre: An Architectural History	Irene Kyffin
14.00	Literature: Chaucer	Shirley Levy
14.00	Beginners' Bridge	Ghislaine Freeman
14.00	Get the most from your iPad and iPhone <b>**CLASS FULL**</b> Waiting list in operation	Ruth Freeman
14.00	Italian Conversation	Franca Cerudi
15.00	Philosophy: The Life, Thought and Legacy of Spinoza	Sam Rodin
15.15	Post-beginners French	Evanna Morris
15.30	Absolute Beginners Italian (Zoom)	Franca Cerudi
15.30	Basic Mat Pilates	Gilli Vafidis
15.30	Design History	Valerie Wilson Trower
16.30	Life Issues through the lens of Psychoanalytic Theory	Mickey Yudkin John Dodds

#### FRIDAY 7 MAY

TIME	SUBJECT	COORDINATOR
9.30	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis
10.30	Write Your Memoirs A	Maggie Wain

10.30	Bridge (on Bridge Base on line)	Shireen Gunasekera
10.30	Learn Chess	David Castle
10.30	Chat Group	Kate Bailey
11.00	Cook INDIAHH	Amrita Narain
11.45	Social Anthropology	Caroline White
14.00	Chat Group	Pauline Malpas
14.00	Real Bridge: Duplicate Bridge	Alan Unerman
14.00	French Conversation – Upper Intermediate level	Muriel Hirsch

## OTHER

SUBJECT	MEDIUM	COORDINATOR
Short Walks Group: usually on Wednesdays* Where possible visiting places of interest with free entry, coffee stop, lunch at the end if wanted. *this will change if bad weather predicted	Short Walks fortnightly to almost anywhere in Greater London, and occasionally beyond	Margaret Mitchell
Visual Opera Experiences with Recorded Talks	Opera film excerpts uploaded to Vimeo. Private URL link provided weekly. Recorded Talks plus text of talks by emails.	Howard Shelter
Visual Opera Experiences RECAP	An entire list of private links to 400+ opera film excerpts from my 47+ previous weekly uploads on YouTube and Vimeo is available on request.	Howard Shelter
The History of European Opera in 12 Countries over 4 Centuries	Recorded talk and opera excerpts with links to Vimeo fortnightly	Howard Shelter
My composition of an orchestral suite of music in three movements, fully orchestrated by me	Youtube	Howard Shelter
My composition of a "novelty music medley" fully orchestrated by me	Vimeo	Howard Shelter
Greek Literature in English	Phone, email (in person when allowed)	Lesley Atkinson
Collage: a medium to create striking images using basic materials	email	Maxine Jason

The Panama Affair: A Cause Celebre Part 3	Vimeo	Wally Howard
More Reflections on Zambia	Vimeo	Wally Howard