

U3A in London online–February 15 2021

MONDAY15 FEBRUARY

	SUBJECT	COORDINATOR
9.30	Wake-up chair Pilates (1/2 hour)	GilliVafidis
10.30	MONDAY MORNING TALK: Can you Believe that we still get Medicine from Plants!	Tony Dayan
10.30	Russian: More Advanced	Sylva Rubashova
12.00	Politics, current affairs and the economy	Paul Plant
12.00	Science: History of Astronomy	Amalia Michaels
14.00	Italian Reading Group	David Powell
14.00	Art/History: The Other Renaissance. Our friends in the North	Shirley Levy
14.30	Play Reading:	Malcolm Stern
15.00	Stories Behind the Headlines: Elon Musk: Projects update	Shafeeq Siddiqui
15.00	Italian:Beginners Step Two	Franca Cerudi
1600	Tips on Duplicate Bridge	Alan Unerman

TUESDAY16 FEBRUARY

TIME	SUBJECT	COORDINATOR
10.00	French Intermediate	Pauline Malpas & Liz Goodfellow (A) GilliVafidis (B)
10.00	Photography	Geoffrey Stuart
10.30	Hebrew	Jeff Freeman
10.30	Supervised Bridge	Robert Clifton
0.30	History of Europe	Christopher Dean
11.00	The Neurophysiology of Pain	Pieta Ruck Keene
11.30	Meditation	Neorca Liu
11.30	Written English	Ivan Rappaport
11.30	French Intermediate (repeat of 10am class)	GilliVafidis
11.30	Italian Reading and Conversation	Ada Sofaer

12.00	Energy & Climate Change	Alan Morton
12.00	Medicine/Arts: Art as Therapy Fortnightly **Next class 23 February**	Michael Baum
	Intermediate Bridge A	Peter Nash
12.30		
13.30	Bridge: Improvers	Judy Dodds
13.30	London Miscellany	Stephen Barry
14.00	Presenting Poetry Fortnightly **CLASS TODAY**	Morris Peckman
14.00	Writers' Workshop	Roger Parrot
14.00	Intermediate Bridge B (repeat of 12.30 class)	Peter Nash
14.00	Gnosticism	George Wood
14.00	Cercle français	Michael Goodman
14.00	Relaxation with Self Hypnosis	Adeline Kam
14.00	Tuesday History Walks: Next walk 23 February 'Cities of the Dead'	Richard Cohen & friends
15.00	Philosophy: Spinoza's Ethics	Sam Rodin
15.30	French: Absolute Beginners	GilliVafidis
16.30	Barbara's Voice Class	Barbara Alden

WEDNESDAY 17 FEBRUARY

TIME	SUBJECT	COORDINATOR
9.30	Wake-up Chair Pilates (1/2 hour)	GilliVafidis
10.00	Bridge: Intermediate Supervised Play	Tony Mavropoulos
10.00	Hebrew Conversation	GilaWacholder
10.30	Hebrew for beginners (please email to indicate interest)	DebbieFreeman
10.30	Advanced Italian	Graziella Freedman
10.30	Traveller's Tales	Maureen Guirdham
10.30	Art Practical C	Steve Stephens
10.30	Politics & Current Affairs	Jim Eardley
10.30	Japanese: 2nd year	Kaoru Godoy

11.00	French Conversation	Michael Ellman
11.00	Advanced Spanish fortnightly **Next class 24 February**	Lucia Bird
11.30	Literature: Shakespeare Study Group	Linda Shannon
11.40	Japanese: Reading Group	Kaoru Godoy
11.40	Exploring Ideas: War by Machine	Jim Eardley
12.00	Greek: Advanced Conversation	Rita Wolfitz
12.00	Italian Year 3	Graziella Freedman
12.30	Classical Music Appreciation. Weekly alternating Stephen McGhee with Herbie Goldberg	Herbie Goldberg (17 Feb) Stephen McGhee (24 Feb)
13.00	Japanese: First Year	Kaoru Godoy
13.30	Literature: Modern & Contemporary Fortnightly next class 24 February	Jim Edgar
13.30	Literature: - Proust Fortnightly **CLASS TODAY**	Maggie Fletcher
14.00	Bridge: Lower Intermediate	Naomi Stuart
14.00	Art Appreciation	Jennifer Mills
14.00	Dutch Conversation Fortnightly **Next class 24 February**	Elisabeth Fantino
14.30	Exploring Experiences of the Third Age	Ruth Brook
15.00	Italian Improvers	Franca Cerudi
15.00	The History of the Jews in Spain and Portugal	Tiki Martel
15.30	Aspects of Japan: Speaker Tomoko Kenny: Ikebana (link to leaflet in newsletter)	Richard Arthur
16.45	Exercise: 'SALSALATES'	Judith Michaels

THURSDAY 18 FEBRUARY

TIME	SUBJECT	COORDINATOR
10.30	Computer Drop-in	Elana Gal Edd
10.30	Medicine Today	Mary Rossiter & Leo Bernstein

10.30	Laugh, Breathe and Relax	Muriel Hirsch
11.00	Support	Barbara Stevens
11.00	French: Almost Beginners	GilliVafidis
11.00	Write Your Life Story	Roger Parrott
11.30	Bridge: Intermediate	David Powell
11.50	Politics & Current Affairs	David Iwi & Susan Cohen
12.00	Singing Workshop for all levels. Fun warm-up, Sing-Along this week with Matt Monroe Come along to sing or just listen	Stanley Volk
14.00	Italian Conversation	Franca Cerudi
14.00	Theatre: An Architectural History	Irene Kyffin
14.00	Literature: Chaucer	Shirley Levy
14.00	Beginners' Bridge	Ghislaine Freeman
14.00	Get the most from your iPad and iPhone **CLASS FULL** Waiting list in operation	John O'Sullivan Ruth Freeman
14.00	Italian Conversation	Franca Cerudi
15.00	Philosophy: The Life, Thought and Legacy of Spinoza	Sam Rodin
15.15	Post-beginners French	Evanna Morris
15.30	Absolute Beginners Italian (Zoom)	Franca Cerudi
15.30	Basic Mat Pilates	GilliVafidis
15.30	Design History	Valerie Wilson Trower
16.30	Psychoanalysis - Story Telling and Feelings	Mickey Yudkin

FRIDAY19 FEBRUARY

TIME	SUBJECT	COORDINATOR
9.30	Wake-up Chair Pilates (1/2 hour)	GilliVafidis
10.30	Write Your Memoirs A	Maggie Wain

10.30	Bridge (on Bridge Base on line)	Shireen Gunasekera
10.30	Learn Chess	David Castle
10.30	Chat Group	Kate Bailey
11.45	Social Anthropology	Caroline White
14.00	Chat Group	Pauline Malpas
14.30	French Conversation – Upper Intermediate level	Muriel Hirsch

OTHER

SUBJECT	MEDIUM	COORDINATOR
Visual Opera Experiences with Recorded Talks	Opera film excerpts uploaded to Youtube. Unlisted Youtube URL link provided weekly. Recorded Talks plus text of talks by emails.	Howard Shelter
My composition of an orchestral suite of music in three movements, fully orchestrated by me	Youtube	Howard Shelter
Greek Literature in English	Phone, email (in person when allowed)	Lesley Atkinson
Joe Hill Conclusion and aftermath: The Miscarriages of Justice series	Vimeo	Wally Howard
Memories at 95 - Part 28	Vimeo	Wally Howard
Reflections on the Thalidomide disaster	Vimeo	Wally Howard