

Autumn Timetable: U3A in London online – 30 November 2020

MONDAY 30 NOVEMBER

	SUBJECT	COORDINATOR	
9.30	Wake-up chair Pilates (1/2 hour)	Gilli Vafidis	
10.30	MONDAY MORNING TALK: A zero carbon future: What we need to do now	Chris Goodhall	
11.00	Russian: More Advanced	Sylva Rubashova	
12.00	Politics, current affairs and the economy	Paul Plant	
12.00	History of Electricity	Amalia Michaels	
14.00	Italian Reading Group	David Powell	
14.00	Art/History: The Other Renaissance. Our friends in the North ** NO CLASS TODAY**	Shirley Levy	
14.30	Play Reading:	Malcolm Stern	
15.00	Stories Behind the Headlines	Shafeeq Siddiqui	
15.00	Italian: Beginners Step Two	Franca Cerudi	
16.00	Tips on Duplicate Bridge CLASS POSTPONED THIS WEEK	Alan Unerman	

TUESDAY 1st DECEMBER

TIME	SUBJECT	COORDINATOR	
10.00	French Intermediate A & B	Joan Schlackman A Gilli Vafidis B	
10.00	Photography	Geoffrey Stuart	
10.30	Hebrew: Intermediate	Margaret Myers	
10.30	Supervised Bridge	Robert Clifton	
10.30	Politics: Diplomacy at the Highest Levels	Tom Harris	
11.30	Meditation	Neorca Liu	
11.30	Written English	Ivan Rappaport	
11.30	French Intermediate (repeat of 10 am class)	Gilli Vafidis	
11.30	Italian Reading and Conversation	Ada Sofaer	

11.30	Easy Breath – improved energy	Pieta Ruck Keene	
11.30	Advanced Spanish	Lucia Bird	
12.00	Energy & Climate Change	Alan Morton	
12.00	Medicine/Arts: Art as therapy	Michael Baum	
13.30	Bridge: Improvers	Judy Dodds	
14.00	Presenting Poetry Fortnightly NEXT CLASSES 8, 22 December	Morris Peckman	
14.00	Writers' Workshop	Roger Parrot	
14.00	Beginners' Bridge	Ghislaine Freeman	
14.00	Intermediate Bridge	Peter Nash	
14.00	Gnosticism	George Wood	
14.00	Cercle français	Michael Goodman	
14.00	Relaxation with Self Hypnosis	Adeline Kam	
14.00	Tuesday History Walks: **WALK TODAY**	Richard Cohen & friends	
15.00	Philosophy: Spinoza's Ethics	Sam Rodin	
15.30	French: Absolute Beginners	Gilli Vafidis	
16.30	Barbara's Voice Class	Barbara Alden	

WEDNESDAY 2 DECEMBER

TIME	SUBJECT	COORDINATOR	
9.30	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis	
9.30	Bridge: Intermediate Supervised Play	Tony Mavropoulos	
10.00	Hebrew Conversation	Gila Wacholder	
10.00	Advanced Italian	Graziella Freedman	
10.30	Hebrew Improvers	Margaret Myers	
10.30	Japanese: 2nd year	Kaoru Godoy	
10.30	Art Practical C	Steve Stephens	
10.30	Politics & Current Affairs	Jim Eardley	

11.00	French Conversation	Michael Ellman	
11.00	French: Literature and Conversation	Judith Steinberg	
11.00	Baha’l faith	Rosette Hedarieh	
11.30	Literature: Shakespeare Study Group	Linda Shannon	
11.30	Advanced Spanish	Lucia Bird	
11.40	Japanese:Reading Group	Kaoru Godoy	
11.40	Exploring Ideas: More About Rewilding	Jim Eardley	
12.00	Greek: Advanced Conversation	Rita Wolfitz	
12.00	Italian Year 3	Graziella Freedman	
12.30	Classical Music Appreciation (fortnightly alternating with Stephen McGhee)	Stephen McGhee (2 Dec) Herbie Goldberg (9 Dec)	
13.00	Japanese: First Year	Kaoru Godoy	
13.30	Literature: Modern & Contemporary. Fortnightly: Dec 2, 16	Jim Edgar	
13.30	Literature - Proust Fortnightly: Dec 9	Maggie Fletcher	
14.00	Bridge: Lower Intermediate	Naomi Stuart	
14.00	Dutch Conversation FORTNIGHTLY next class TODAY and 16 December	Elisabeth Fantino	
14.30	Exploring Experiences of the third Age	Ruth Brook	
14.45	Historic Singers on Shellac CLASS POSTPONED till further notice	Paul Lewis	
15.00	Italian Improvers	Franca Cerudi	
15.00	The History of the Jews in Spain and Portugal	Tiki Martel	
15.30	Japan History 1868-1945	Richard Arthur	
16.45	Exercise: ‘SALSALATES’	Judith Michaels	
17.00	Jeremy Bentham and John Stuart Mill **NEW LECTURE SERIES**	Ralph Blumenau	

THURSDAY 3 DECEMBER

TIME	SUBJECT	COORDINATOR	
10.30	Computer Drop-in	Elana Gal Edd	
10.30	Medicine Today	Mary Rossiter & Leo Bernstein	
10.30	Laugh, Breathe and Relax	Muriel Hirsch	
11.00	French: Almost Beginners	Gilli Vafidis	
11.00	Write Your Life Story	Roger Parrott	
11.30	Bridge: Intermediate	David Powell	
11.50	Politics & Current Affairs	David Iwi & Susan Cohen	
12.00	Contemporary and Classical play reading / Zoom Theatre **LOOKING FOR ACTORS TO DO MONOLOGUES**	Stanley Volk	
14.00	Italian Conversation	Franca Cerudi	
14.00	Theatre: An Architectural History*	Irene Kyffin	
14.00	Literature: Chaucer	Shirley Levy	
14.00	Get the most from your iPad and iPhone Class full. Waiting list operational	John O'Sullivan Ruth Freeman	
14.00	Italian Conversation	Franca Cerudi	
15.00	Philosophy: The Life, Thought and Legacy of Spinoza	Sam Rodin	
15.15	Post-beginners French	Evanna Morris	
15.30	Absolute Beginners Italian (Zoom)	Franca Cerudi	
15.30	Basic Mat Pilates	Gilli Vafidis	
15.30	Design History	Valerie Wilson Trower	
16.30	Psychoanalysis - Story Telling and Feelings	Mickey Yudkin	
17.00	ZOOM THEATRE PERFORMANCE **TODAY**	Stanley Volk, Malcolm Stern	

FRIDAY 4 DECEMBER

TIME	SUBJECT	COORDINATOR	
9.30	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis	

10.30	Write Your Memoirs A	Maggie Wain	
10.30	Artisan Baking	Cindy Zurias	
10.30	Bridge (on Bridge Base on line) **CLASS FULL**	Shireen Gunasekera	
10.30	Chat Group	Kate Bailey	
11.45	Social Anthropology	Caroline White	
14.00	Chat Group	Pauline Malpas	
14.30	French Conversation – Upper Intermediate level	Muriel Hirsch	

OTHER

SUBJECT	MEDIUM	COORDINATOR
Visual Opera Experiences with Weekly Recorded Talk	Email (with recorded opera talk, film excerpts and commentary text attached)	Howard Shelter
Miscarriages of Justice	Vimeo	Wally Howard
Reflections at 95	Vimeo	Wally Howard
Masterclass in Short Form Poetry	email	Ai Li
ART PRACTICAL A: Collage and Mixed Media	email	Contact Maxine Jason