

## Autumn Timetable: U3A in London online – 9 November 2020

### MONDAY 9 NOVEMBER

|              | SUBJECT   | COORDINATOR       |  |
|--------------|---|-------------------|--|
| 9.30         | Wake-up chair Pilates (1/2 hour)                                    | Gilli Vafidis     |  |
| <b>10.30</b> | <b>MONDAY MORNING TALK: 'The Ethics of Artificial Intelligence'</b> | <b>Chris Rees</b> |  |
| 11.00        | Russian: More Advanced  | Sylva Rubashova   |  |
| 12.00        | Politics, current affairs and the economy                           | Paul Plant        |  |
| 12.00        | History of Electricity  | Amalia Michaels   |  |
| 14.00        | Italian Reading Group   | David Powell      |  |
| 14.00        | Art/History: The Other Renaissance. Our friends in the North        | Shirley Levy      |  |
| 14.30        | Play Reading:   | Malcolm Stern     |  |
| 15.00        | Stories Behind the Headlines  | Shafeeq Siddiqui  |  |
| 15.00        | Italian: Beginners Step Two   | Franca Cerudi     |  |
| 16.00        | Tips on Duplicate Bridge  | Alan Unerman      |  |

### TUESDAY 10 NOVEMBER

| TIME  | SUBJECT                                     | COORDINATOR                          |  |
|-------|---|--------------------------------------|--|
| 10.00 | French Intermediate A & B                   | Joan Schlackman B<br>Gilli Vafidis A |  |
| 10.00 | Photography                                 | Geoffrey Stuart                      |  |
| 10.30 | Hebrew: Intermediate                        | Margaret Myers                       |  |
| 10.30 | Supervised Bridge                           | Robert Clifton                       |  |
| 10.30 | Politics: Diplomacy at the Highest Levels   | Tom Harris                           |  |
| 11.30 | Meditation                                  | Neorca Liu                           |  |
| 11.30 | Written English                             | Ivan Rappaport                       |  |
| 11.30 | French Intermediate (repeat of 10 am class) | Gilli Vafidis                        |  |
| 11.30 | Italian Reading and Conversation            | Ada Sofaer                           |  |

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|-------|--|-------------------------|--|
| 11.30 | Easy Breath – improved energy  | Pieta Ruck Keene        |  |
| 12.00 | Energy & Climate Change  | Alan Morton             |  |
| 12.00 | Medicine/Arts <b>**NO CLASS TODAY**</b>  | Michael Baum            |  |
| 13.30 | Bridge: Improvers  | Judy Dodds              |  |
| 14.00 | Presenting Poetry  | Morris Peckman          |  |
| 14.00 | Writers' Workshop  | Roger Parrot            |  |
| 14.00 | Intermediate Bridge  | Peter Nash              |  |
| 14.00 | Gnosticism   | George Wood             |  |
| 14.00 | Cercle français  | Michael Goodman         |  |
| 14.00 | Relaxation with Self Hypnosis  | Adeline Kam             |  |
| 14.00 | Tuesday History Walks: Communities and their Places of Worship <b>**WALK TODAY**</b> | Richard Cohen & friends |  |
| 15.00 | Philosophy: Spinoza's Ethics   | Sam Rodin               |  |
| 15.30 | French: Absolute Beginners   | Gilli Vafidis           |  |
| 16.30 | Barbara's Voice Class  | Barbara Alden           |  |

### WEDNESDAY 11 NOVEMBER

| TIME  | SUBJECT                              | COORDINATOR        |  |
|-------|--------------------------------------|--------------------|--|
| 9.30  | Wake-up Chair Pilates (1/2 hour)     | Gilli Vafidis      |  |
| 10.00 | Hebrew Conversation                  | Gila Wacholder     |  |
| 10.00 | Advanced Italian                     | Graziella Freedman |  |
| 10.30 | Bridge: Intermediate Supervised Play | Tony Mavropoulos   |  |
| 10.30 | Hebrew Improvers                     | Margaret Myers     |  |
| 10.30 | Japanese: 2nd year                   | Kaoru Godoy        |  |
| 10.30 | Art Practical C                      | Steve Stephens     |  |
| 10.30 | Politics & Current Affairs           | Jim Eardley        |  |
| 11.00 | French Conversation                  | Michael Ellman     |  |

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|-------|---|---|--|
| 11.00 | French: Literature and Conversation   | Judith Steinberg                                    |  |
| 11.00 | Baha’l faith  | Rosette Hedarieh                                    |  |
| 11.30 | Literature: Shakespeare Study Group   | Linda Shannon                                       |  |
| 11.40 | Japanese:Reading Group  | Kaoru Godoy   |  |
| 11.40 | Exploring Ideas: The First Americans  | Jim Eardley   |  |
| 12.00 | Greek: Advanced Conversation  | Rita Wolfitz  |  |
| 12.30 | Classical Music Appreciation (fortnightly alternating with Stephen McGhee)                | Herbie Goldberg (11 Nov)<br>Stephen McGhee (18 Nov) |  |
| 12.00 | Italian Year 3  | Graziella Freedman                                  |  |
| 13.00 | Japanese: First Year  | Kaoru Godoy   |  |
| 13.30 | Literature: Modern & Contemporary. Fortnightly ‘Literature - Proust’ with Maggie Fletcher | Jim Edgar   |  |
| 14.00 | Bridge: Lower Intermediate  | Naomi Stuart  |  |
| 14.00 | Dutch Conversation  | Elisabeth Fantino                                   |  |
| 14.30 | Exploring Experiences of the third Age  | Ruth Brook  |  |
| 14.45 | Historic Singers on Shellac <b>CLASS POSTPONED till further notice</b>                    | Paul Lewis  |  |
| 15.00 | Italian Improvers   | Franca Cerudi                                       |  |
| 15.00 | The History of the Jews in Spain and Portugal   | Tiki Martel   |  |
| 15.30 | Japan History 1868-1945   | Richard Arthur                                      |  |
| 16.45 | Exercise: ‘SALSALATES’  | Judith Michaels                                     |  |

#### THURSDAY 12 NOVEMBER

| TIME  | SUBJECT                  | COORDINATOR                   |
|-------|--------------------------|-------------------------------|
| 10.30 | Computer Drop-in         | Elana Gal Edd                 |
| 10.30 | Medicine Today           | Mary Rossiter & Leo Bernstein |
| 10.30 | Laugh, Breathe and Relax | Muriel Hirsch                 |

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|-------|--|-------------------------|
| 11.00 | French: Almost Beginners   | Gilli Vafidis           |
| 11.30 | Bridge: Intermediate   | David Powell            |
| 11.50 | Politics & Current Affairs   | David Iwi & Susan Cohen |
| 12.00 | Write Your Life Story  | Hazelmanne Lewis        |
| 12.00 | Contemporary and Classical play reading / Zoom Theatre<br><b>**LOOKING FOR ACTORS TO DO MONOLOGUES**</b> | Stanley Volk            |
| 14.00 | Italian Conversation   | Franca Cerudi           |
| 14.00 | Beginners' Bridge  | Ghislaine Freeman       |
| 14.00 | Theatre: An Architectural History*   | Irene Kyffin            |
| 14.00 | Literature: Chaucer  | Shirley Levy            |
| 14.00 | Get the most from your iPad and iPhone <b>Class full. Waiting list operational</b>                       | John O'Sullivan         |
| 14.00 | Italian Conversation   | Franca Cerudi           |
| 15.00 | Post-beginners French  | Evanna Morris           |
| 15.00 | Philosophy: The Life, Thought and Legacy of Spinoza  | Sam Rodin               |
| 15.30 | Possible Beginners Italian (WhatsApp)  | Franca Cerudi           |
| 15.30 | Basic Mat Pilates  | Gilli Vafidis           |
| 15.30 | Design History   | Valerie Wilson Trower   |
| 16.30 | Psychoanalysis - Story Telling and Feelings<br><b>**CLASS STARTS TODAY**</b>                             | Mickey Yudkin           |

**FRIDAY 13 NOVEMBER**

| TIME | SUBJECT | COORDINATOR |  |
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|       |  |                    |  |
|-------|--|--------------------|--|
| 9.30  | Wake-up Chair Pilates (1/2 hour)               | Gilli Vafidis      |  |
| 10.30 | Write Your Memoirs A                           | Maggie Wain        |  |
| 10.30 | Artisan Baking                                 | Cindy Zurias       |  |
| 10.30 | Bridge (on Bridge Base on line)                | Shireen Gunasekera |  |
| 10.30 | Chat Group                                     | Kate Bailey        |  |
| 11.45 | Social Anthropology                            | Caroline White     |  |
| 14.00 | Chat Group                                     | Pauline Malpas     |  |
| 14.30 | French Conversation – Upper Intermediate level | Muriel Hirsch      |  |

#### OTHER

| SUBJECT                                  | MEDIUM   | COORDINATOR          |  |
|--|--|----------------------|--|
| Weekly Visual Opera Experiences          | Email (with film excerpts and commentary attached) | Howard Shelter       |  |
| Miscarriages of Justice                  | Vimeo  | Wally Howard         |  |
| Reflections at 95                        | Vimeo  | Wally Howard         |  |
| Masterclass in Short Form Poetry         | email  | Ai Li                |  |
| ART PRACTICAL A: Collage and Mixed Media | email  | Contact Maxine Jason |  |