

## Autumn Timetable: U3A in London online – 12 October 2020

### MONDAY 12 OCTOBER

	SUBJECT	COORDINATOR	
9.30	Wake-up chair Pilates (1/2 hour)	Gilli Vafidis	
<b>10.30</b>	<b>MONDAY MORNING TALK</b>		
11.00	Russian: More Advanced	Sylva Rubashova	
12.00	Politics, current affairs and the economy	Paul Plant	
12.00	History of Electricity	Amalia Michaels	
14.00	Italian Reading Group	David Powell	
14.00	Art/History: The Other Renaissance. Our friends in the North	Shirley Levy	
14.30	Play Reading:	Malcolm Stern	
15.00	Stories Behind the Headlines	Shafeeq Siddiqui	
15.00	Italian: Beginners Step Two	Franca Cerudi	
16.00	Tips on Duplicate Bridge	Alan Unerman	

### TUESDAY 13 OCTOBER

TIME	SUBJECT	COORDINATOR	
10.00	French Intermediate A & B	Joan Schlackman B Gilli Vafidis A	
10.00	Photography	Geoffrey Stuart	
10.30	Hebrew: Intermediate	Margaret Myers	
10.30	Supervised Bridge	Robert Clifton	
10.30	Social Anthropology <b>CLASS STARTS LATE OCTOBER</b>	Caroline White	
10.30	Politics: Diplomacy at the Highest Levels	Tom Harris	
11.30	Meditation	Neorca Liu	
11.30	Written English <b>FORTNIGHTLY: CLASS STARTS 13 OCTOBER</b>	Ivan Rappaport	
11.30	French Intermediate (repeat of 10 am class)	Gilli Vafidis	
11.30	Italian Reading and Conversation	Ada Sofaer	

11.30	Embodied Anatomy. Move better, feel well. ❤️ your body from the inside out.	Pieta Ruck Keene	
12.00	Energy & Climate Change	Alan Morton	
12.00	Medicine/Arts	Michael Baum	
13.30	Bridge: Improvers	Judy Dodds	
14.00	Presenting Poetry	Morris Peckman	
14.00	Writers' Workshop	Roger Parrot	
14.00	Intermediate Bridge <b>CLASS STARTS OCTOBER 13th</b>	Peter Nash	
14.00	Gnosticism	George Wood	
14.00	Cercle français,	Michael Goodman	
14.00	Relaxation with Self Hypnosis	Adeline Kam	
14.00	Tuesday History Walks: Hatton Garden <b>NEXT WALK 13 OCTOBER</b>	Richard Cohen & friends	
15.00	Philosophy: Spinoza's Ethics	Sam Rodin	
15.30	French: Absolute Beginners	Gilli Vafidis	
16.30	Barbara's Voice Class	Barbara Alden	

### WEDNESDAY 14 OCTOBER

TIME	SUBJECT	COORDINATOR	
9.30	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis	
10.00	Hebrew Conversation	Gila Wacholder	
10.00	Advanced Italian	Graziella Freedman	
10.30	Bridge: Intermediate Supervised Play	Tony Mavropoulos	
10.30	Hebrew Improvers	Margaret Myers	
10.30	Japanese: 2nd year	Kaoru Godoy	
10.30	Art Practical C	Steve Stephens	
10.30	Politics & Current Affairs	Jim Eardley	
11.00	French Conversation*	Michael Ellman	

11.00	French: Literature and Conversation	Judith Steinberg	
11.00	Baha'l faith	Rosette Hedarieh	
11.30	Literature: Shakespeare Study Group	Linda Shannon	
11.40	Japanese:Reading Group	Kaoru Godoy	
11.40	Exploring Ideas: 'How the Earth Shaped Us'	Jim Eardley	
12.00	Greek: Advanced Conversation	Rita Wolfitz	
12.30	Classical Music Appreciation (fortnightly alternating with Stephen McGhee)	Herbie Goldberg (14 Oct) Stephen McGhee (21 Oct)	
12.00	Italian Year 3	Graziella Freedman	
13.00	Japanese: First Year	Kaoru Godoy	
13.30	Literature: Modern & Contemporary	Jim Edgar	
14.00	Bridge: Lower Intermediate	Naomi Stuart	
14.00	Contemporary play reading, Arthur Miller etc.	Stanley Volk	
14.00	Dutch Conversation	Elisabeth Fantino	
14.30	Exploring Experiences of the third Age	Ruth Brook	
14.45	Historic Singers on Shellac <b>CLASS POSTPONED till further notice</b>	Paul Lewis	
15.00	Italian Improvers	Franca Cerudi	
15.00	The History of the Jews in Spain and Portugal	Tiki Martel	
1500	Story Telling and Feelings <b>CLASS BEGINS 11 NOVEMBER</b>	Mickey Yudkin	
15.30	Japan History 1868-1945	Richard Arthur	

#### THURSDAY 15 OCTOBER

TIME	SUBJECT	COORDINATOR	
10.30	Computer Drop-in	Elana Gal Edd	
10.30	Medicine Today	Mary Rossiter & Leo Bernstein	

10.30	Laugh, Breathe and Relax	Muriel Hirsch	
11.00	French: Almost Beginners	Gilli Vafidis	
11.30	Bridge: Intermediate	David Powell	
11.50	Politics & Current Affairs	David Iwi & Susan Cohen	
12.00	Write Your Life Story	Hazelanne Lewis	
14.00	Italian Conversation	Franca Cerudi	
14.00	Beginners' Bridge	Ghislaine Freeman	
14.00	Theatre: An Architectural History	Irene Kyffin	
14.00	Literature: Chaucer	Shirley Levy	
14.00	Get the most from your iPad and iPhone <b>CLASS FULL. WAITING LIST OPERATIONAL</b>	John O'Sullivan	
14.00	Italian Conversation	Franca Cerudi	
15.00	Post-beginners French	Evanna Morris	
15.00	Philosophy: The Life, Thought and Legacy of Spinoza	Sam Rodin	
15.30	Possible Beginners Italian (WhatsApp)	Franca Cerudi	
15.30	Basic Mat Pilates	Gilli Vafidis	

#### FRIDAY 16 OCTOBER

TIME	SUBJECT	COORDINATOR	
9.30	Wake-up Chair Pilates (1/2 hour)	Gilli Vafidis	
10.30	Write Your Memoirs A	Maggie Wain	
10.30	Artisan Baking <b>CLASS STARTS 16 OCTOBER</b>	Cindy Zurias	
10.30	Bridge (on Bridge Base on line)	Shireen Gunasekera	
10.30	Chat Group	Kate Bailey	

11.45	Chat Group	Pauline Malpas	
14.30	French Conversation – Upper Intermediate level	Muriel Hirsch	

**OTHER**

SUBJECT	MEDIUM	COORDINATOR	
Visual Opera Experiences	Email (with film excerpts attached)	Howard Shelter	
Miscarriages of Justice	Vimeo	Wally Howard	
Reflections at 95	Vimeo	Wally Howard	